My modeling tool freezes when I open the Specification window while in full-screen mode on Mac OS X

This happens when your system preferences option "Prefer tabs" is set to "always" or "in full screen" (when using the modeling tool in Full-Screen mode).

To work around this issue, go to your Mac OS X System Preferences > General (for Mac OS BigSur) or Dock (for Mac OS Mojave or Catalina) > Prefer tabs and set it to "never".